

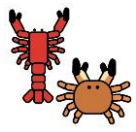
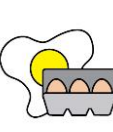
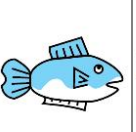


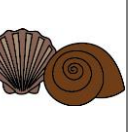
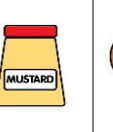
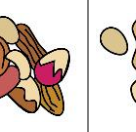
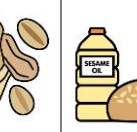
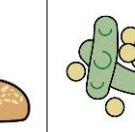





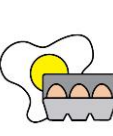








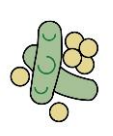



DISHES AND THEIR ALLERGEN CONTENT –RAVENSDALE JUNIOR SCHOOL – SPRING SUMMER 2016




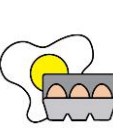
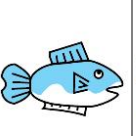
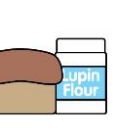

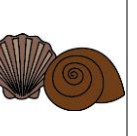
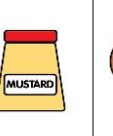
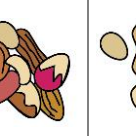
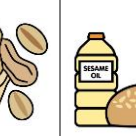
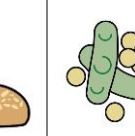


DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Spaghetti hoops														
Tuna jacket potato														
Cheese Scrolls														
Meat balls and onion gravy														
Custard														
Parsley Sauce	May contain			May contain					May contain				May contain	
Quorn Sausage with apple														
Pasta														
Chocolate Crunch and raspberries														

DISHES AND THEIR ALLERGEN CONTENT –RAVENSDALE JUNIOR SCHOOL

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Quorn & BBQ Sauce														
Bread														
Mousse														
Tuna and sweetcorn														
Sausage														
Homemade cheese pasties														
Oven baked mini fish in batter														
Doughnuts/jam doughnuts														
Chocolate sponge														
Roselle cream														

:




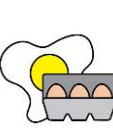
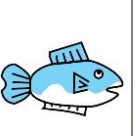
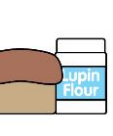

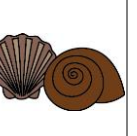
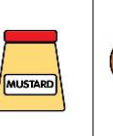
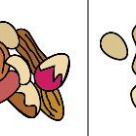
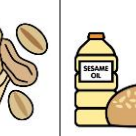
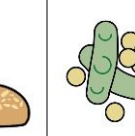


DISHES AND THEIR ALLERGEN CONTENT –RAVENSDALE JUNIOR SCHOOL

DISHES	 Celery	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide
Tuna Salad Wrap														
Vegetable roast														
Iced fruit smoothie														
Poached salmon														
Fruit muffin														
Bananas with vanilla ice cream and choc sauce														
Quorn sausage														
Salmon wraps														
Fish Fingers														
Cheese and bacon pizza														

Review date:

Reviewed by:




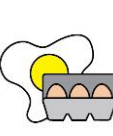
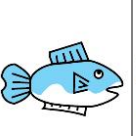
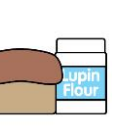

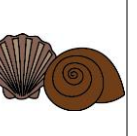
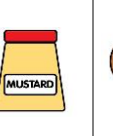
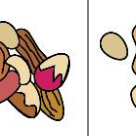
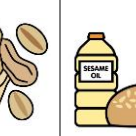
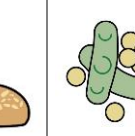


DISHES AND THEIR ALLERGEN CONTENT –RAVENSDALE JUNIOR SCHOOL

DISHES	 Celery	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide
Bread														
Fruit crumble														
Cheese and tomato pizza														
Custard														
Iced apple cake														
Hot and kickin chicen														
Hot and kickin quorn														
Tuna scrolls														
Naan bread														
Yorkshire pudding														

Review date:

Reviewed by:

DISHES AND THEIR ALLERGEN CONTENT –RAVENSDALE JUNIOR SCHOOL

DISHES	 Celery	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide
Baked fish and cheese sauce														
Quorn Sausage Toad in the Hole														
Lemon Drizzle Cake														
Tuna pizza														
Stuffing														
Vegetable pie														
Rosalie Biscuit														
Fishwich														

Review date:

Reviewed by:

