

**RAVENSDALE JUNIOR SCHOOL – SPRING & SUMMER 2016**

**WEEK 1**

<b>WEEK COMMENCING</b>		<b><u>MONDAY</u></b>	<b><u>TUESDAY</u></b>	<b><u>WEDNESDAY</u></b>	<b><u>THURSDAY</u></b>	<b><u>FRIDAY</u></b>
<b>11.04.16</b>	<b><u>MEAT</u></b>	Gammon & Pineapple Jacket Potato Pasta	Meatballs with Onion Gravy Creamed Potatoes	Hot & Kickin' Chicken Potato Waffles Rice	Roast Pork With Apple Sauce Creamed Potatoes	Hot Dogs With Onions Oven Chips
<b>02.05.16</b>		Spaghetti Hoops Sweetcorn	Mixed Vegetables Garden Peas Gravy	Sweetcorn Mixed Salad	Carrots Cabbage Garden Peas Gravy	Baked Beans Sweetcorn
<b>23.05.16</b>						
<b>20.06.16</b>	<b><u>FISH</u></b>	Jacket Potato With Tuna Spaghetti Hoops	Fishcake with Parsley Sauce Creamed Potatoes	Tuna Scrolls Potato Waffles Rice	Poached Salmon, Parsley & Lemon Garnish with Parsley Sauce	Oven Baked Battered Mini Fish Oven Chips
<b>11.07.16</b>		Sweetcorn	Mixed Vegetables Garden Peas Gravy	Sweetcorn Mixed Salad	Creamed Potatoes Carrots, Cabbage Garden Peas Gravy	Baked Beans Sweetcorn
<b>26.9.16</b>						
<b>17.10.16</b>	<b><u>VEG</u></b>	Diced Quorn In BBQ Sauce Jacket Potato Pasta	Curried Vegetable Pasties Creamed Potatoes	Hot & Kickin' Quorn Potato Waffles Rice	Vegetable Roast Creamed Potatoes Carrots Cabbage	Cheese & Onion Quiche Oven Chips
	<b><u>DES.</u></b>	Spaghetti Hoops Sweetcorn	Mixed Vegetables Garden Peas Gravy	Sweetcorn Mixed Salad	Garden Peas Gravy	Baked Beans Sweetcorn
		Lemon Drizzle Slice	Chocolate Crunch With Raspberries	Apple Crumble & Custard	Fruit Smoothies	Rosalie Cookie

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**WEEK 2**

<b>WEEK COMMENCING</b>		<b><u>MONDAY</u></b>	<b><u>TUESDAY</u></b>	<b><u>WEDNESDAY</u></b>	<b><u>THURSDAY</u></b>	<b><u>FRIDAY</u></b>
<b>18.04.16</b>	<b><u>MEAT</u></b>	Chilli Con Carne with Rice Sweetcorn Peas	Homemade Chicken & Vegetable Pie Creamed Potato Mixed Vegetables Broccoli Gravy	Beef Lasagne With Garlic Bread Jacket Potato Wedges Sweetcorn Mixed Summer Fruit Salad	Roast Chicken With Stuffing Roast Potatoes Carrots Cabbage Peas Gravy	All Day Breakfast Oven Chips Baked Beans Sweetcorn
<b>09.05.16</b>						
<b>06.06.16</b>						
<b>27.06.16</b>	<b><u>FISH</u></b>	Salmon Wrap Jacket Potato Sweetcorn Peas	Baked Cod with Cheese Sauce Creamed Potato Mixed Vegetables Broccoli Gravy	Fish Fingers Jacket Potato Wedges Sweetcorn Mixed Summer Fruit Salad	Poached Salmon With Parsley Sauce Roast Potatoes Carrots Cabbage Peas Gravy	Tuna & Sweetcorn Pizza Oven Chips Baked Beans Sweetcorn
<b>18.07.16</b>						
<b>12.9.16</b>						
<b>3.10.16</b>	<b><u>VEG</u></b>	Cheese Scrolls Jacket Potato Sweetcorn Peas	Homemade Cheese Pasties Creamed Potato Mixed Vegetables Broccoli Gravy	Quorn Lasagne With Garlic Bread Jacket Potato Wedges Sweetcorn Mixed Summer Fruit Salad	Vegetable pie Roast Potatoes Carrots Cabbage Peas Gravy	Quorn All Day Breakfast Oven Chips Baked Beans Sweetcorn
	<b><u>DES.</u></b>	Jammy Doughnut	Vanilla Ice Cream With Seasonal Fruit & Chocolate Sauce	Chocolate Sponge & Custard	Seasonal Fruit Muffins	Fruity Flapjack

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**WEEK 3**

<b>WEEK COMMENCING</b>		<b><u>MONDAY</u></b>	<b><u>TUESDAY</u></b>	<b><u>WEDNESDAY</u></b>	<b><u>THURSDAY</u></b>	<b><u>FRIDAY</u></b>
<b>25.04.16</b>	<b><u>MEAT</u></b>	Cheese & Bacon Pizza Jacket Potato, Pasta Sweetcorn Mixed Summer Fruit Salad	Beef Cobbler Creamed Potato Broccoli Mixed Vegetables Gravy	Chicken with Curry Sauce & Mini Naan Rice Jacket Potato Wedges Sweetcorn	Roast Beef & Yorkshire Pudding Roast Potatoes Cabbage, Carrots Peas Gravy	Oven Baked Sausages Oven Chips Baked Beans Sweetcorn
<b>16.05.16</b>						
<b>13.06.16</b>						
<b>04.07.16</b>	<b><u>FISH</u></b>	Salmon & Cucumber Wrap Jacket Potato, Pasta Sweetcorn Mixed Summer Fruit Salad	Cod With Parsley Sauce Creamed Potato Broccoli Mixed Vegetables Gravy	Tuna Pizza  Jacket Potato Wedges Sweetcorn	Salmon Nuggets with Parsley & Lemon Garnish Roast Potatoes Cabbage, Carrots Peas Gravy	Fishwich in a Wrap Oven Chips Baked Beans Sweetcorn
<b>25.07.16</b>						
<b>19.9.16</b>						
<b>10.10.16</b>	<b><u>VEG</u></b>	Margaretta Pizza Jacket Potato, Pasta Sweetcorn, Mixed Summer Fruit Salad	Quorn Cottage Pie Creamed Potato Broccoli Mixed Vegetables Gravy	Vegetable Jalfrezi & Mini Naan Rice Jacket Potato Wedges Sweetcorn	Quorn Sausage & Yorkshire Pudding Roast Potatoes Cabbage, Carrots Peas Gravy	Cheese & Onion Tart Oven Chips Baked Beans Sweetcorn
	<b><u>DES.</u></b>	Eves Pudding & Custard	Fruit Mousse Slice	Iced Apple Finger	Assorted Cup Cakes	Choc Ice

