



# Welcome

SRE parent information meeting

Tuesday 8th May

## **Year 3**

### **Theme: Friendship**

Learning outcomes:

- Pupils will be able to explain the meaning of friendships and identify the qualities of a good friendship.
- To express positive feelings/comments about their peers.
- To identify their own and others emotions and body language.

### **Theme: Being Assertive**

Learning outcomes:

- Pupils will know how to be assertive and when to choose to act assertively.

### **Theme: Personal safety**

Learning outcomes:

- Pupils will be able to identify uncomfortable feelings how this may affect the body.
- Explain a range of strategies for coping with uncomfortable situations.
- To appreciate that our actions can affect the safety of ourselves and others.

### **Theme: Life cycles**

Learning outcomes:

- To know the main stages of a human life cycle.
- To explain how our body changes as we grow older.

## **Year 4**

### **Theme: Stereotypes**

#### **Learning outcomes:**

- Pupils are aware of personal choices and the options available to them.
- To be able to challenge stereotypes.

### **Theme: Friendship**

#### **Learning outcomes:**

- To know there are different types of relationships.
- To talk about what makes a good relationship.
- To know that our actions can affect other people and themselves, in positive and negative ways.

### **Theme: Relationships**

#### **Learning outcomes:**

- Pupils consider similarities and differences with a group.
- To explain how to make the class a safe and fair place.

### **Theme: Valuing oneself**

#### **Learning outcomes:**

- Pupils identify their own strengths and weakness. To look for areas of development.

### **Theme: Internet safety**

#### **Learning outcomes:**

- To recognise types of personal data.
- To recognise types of stranger danger online.
- To have strategies to protect themselves from Internet behaviour and relationships.

## **Year 5**

### **Theme: Puberty**

#### **Learning outcomes:**

- Pupils understand the changes that take place with the body throughout our life.
- To understand how the body changes as they approach puberty.

### **Theme: Understanding changes**

#### **Learning outcomes:**

- To recognise and value relationships which are based on respect and care.

### **Theme: Human reproduction**

#### **Learning outcomes:**

- Pupils will know how babies are made.
- To know there are different types of relationships (adults, family, parent/child, peer friendships)

### **Theme: Personal safety**

#### **Learning outcomes:**

- To identify a range of potentially risky situations.
- To explain a range of strategies to deal with risky situations.

## **Year 6**

### **Theme: Puberty**

#### **Learning outcomes:**

- Pupils can name male and female reproductive systems.
- To know that some parts of the body are the same for male and females but other parts are different.
- To identify changes that occur during puberty. (Boy and Girls talk)
- To explain the importance of personal hygiene.
- To understand that a baby grows in a womb and the process of giving birth.
- Name some of the physical emotional needs of a baby.

### **Theme: Personal safety**

#### **Learning outcomes:**

- To explain the difference between a gang and a group.
- To explain how gang activity can affect your life now and in the future.
- To feel empowered to make the right decisions if approached to join a gang.

**Resources:**

- Planning and Worksheets provided by Derby City Council.
- SEAL photo cards and stories
- DVD- Living and growing
- Story books
- Anonymous question box
- Sanitary products provided by Lilets
- Video clips (from the Lilet website)