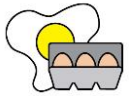
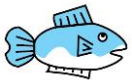
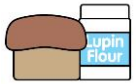
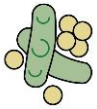
DISHES AND THEIR ALLERGEN CONTENT –RAVENSDALE JUNIOR SCHOOL

DISHES														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
Spaghetti hoops														
Tuna jacket potato														
Cheese Scrolls														
Meat balls and onion gravy														
Custard														
Parsley Sauce	**May contain**			**May contain**					**May contain**				**May contain**	
Quorn Sausage with apple														
Pasta														
Meat free rolls														
Chocolate Crunch and raspberries														

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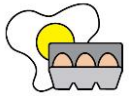
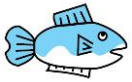
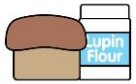
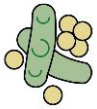
DISHES AND THEIR ALLERGEN CONTENT –RAVENSDALE JUNIOR SCHOOL

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Quorn & BBQ Sauce		■			■				■					
Bread		■												
Mousse		■												
Tuna and sweetcorn					■									
Sausage		■		■			■							
Homemade cheese pasties		■		■			■		■					
Oven baked mini fish in batter		■		■			■							
Doughnuts/jam doughnuts		■											■	
Chocolate sponge		■		■			■							
Roselle cream							■							

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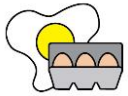
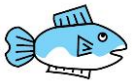
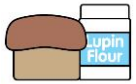
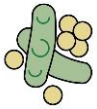
DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad Wrap		■		■	■									
Vegetable roast		■		■			■							
Iced fruit smoothie							■							
Poached salmon					■									
Fruit muffin		■		■			■							
Bananas with vanilla ice cream and choc sauce							■							
Quorn sausage		■		■			■							
Salmon wraps		■			■		■							
Fish Fingers		■			■									
Cheese and bacon pizza		■					■							

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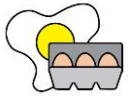
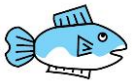
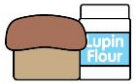
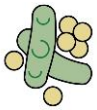
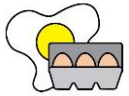
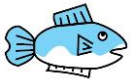
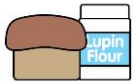
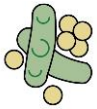
DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chilli con Carne														
Beef lasagne														
Garlic bread														
Poached salmon														
Ice cream														
Quorn lasagne														
Salmon nuggets														
Home made cheese and onion quiche														
Oven baked mini fish in batter														
BBQ quorn fillet														
Fish cake														

DISHES AND THEIR ALLERGEN CONTENT –RAVENSDALE JUNIOR SCHOOL

DISHES														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
Bread														
Fruit crumble														
Cheese and tomato pizza														
Custard														
Iced apple cake														
Hot and kickin' chicken														
Hot and kickin' quorn														
Tuna scrolls														
Naan bread														
Yorkshire pudding														

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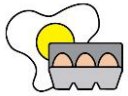
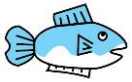
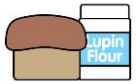
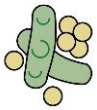
DISHES														
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Baked fish and cheese sauce					■		■		■					
Quorn Sausage Toad in the Hole		■		■			■							
Lemon Drizzle Cake		■		■			■							
Tuna pizza		■		■	■		■							
Stuffing		■					■							
Vegetable pie		■		■										
Rosalie Biscuit		■		■			■		■					
Fishwich		■			■		■							
Fish stars		■			■				■					
Quorn Sausage		■		■			■							■

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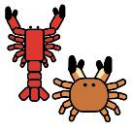
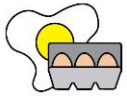
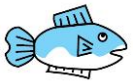
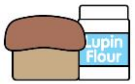
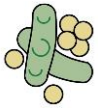
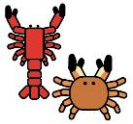
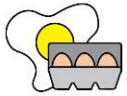
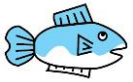
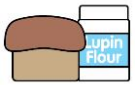
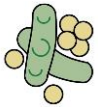
DISHES														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
Lincolnshire Sausage Roll										**May Contain**				
Frozen Toffee Yoghurt Ice Cream														
Frozen Strawberry Yoghurt Ice Cream														
Vegetable Burger														
Salmon & Broccoli Quiche														
Macaroni Cheese														
Savoury Mince														
Queen Cakes														
Cherry Shortbread														
Cornflake Tart														
Rice Pudding														

DISHES														
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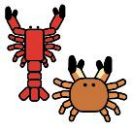
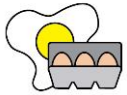
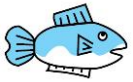
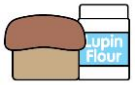
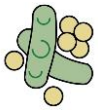
Carrot Cake														
Melting Moments														
Chicken Casserole														
Cheese & Ham Pizza														
Pasta Bolognaise														
Vegetarian Meatballs														
Cheese Bake Bean Pie														
Ham & Pineapple Pizza														
Cod Bites														
Jam/ Lemon Sponge														
Cornflake Crispy Cake														

Dishes														
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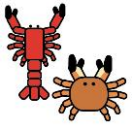
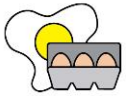
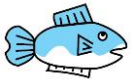
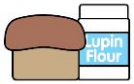
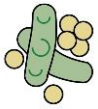
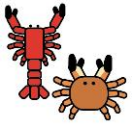
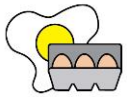
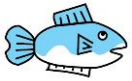
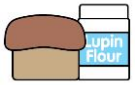
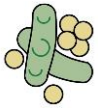
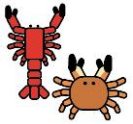
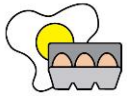
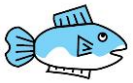
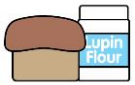
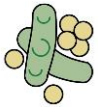
Vegetable Country Bake														
Quorn Tikka Masala														
Mozzarella Wrap														
Vegetable Fingers														
Lemon Shortbread														
Cheese Bagel														
Cheese & Onion Bake														

DISHES														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**

DISHES														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**

DISHES														
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