

**RAVENSDALE JUNIOR SCHOOL – Autumn & Winter 2017-2018**

**WEEK 1**

<b>WEEK COMMENCING</b>		<b><u>MONDAY</u></b>	<b><u>TUESDAY</u></b>	<b><u>WEDNESDAY</u></b>	<b><u>THURSDAY</u></b>	<b><u>FRIDAY</u></b>
<b>30.10.17</b>	<b><u>MEAT</u></b>	Turkey Meatballs With Tomato Sauce Pasta Sweetcorn Green Beans	Oven Baked Sausages Creamed Potatoes Broccoli Mixed Veg Gravy	Hot & Kickin’ Chicken Wrap Rice Sweetcorn Coleslaw	Roast Turkey With Stuffing Roast Potatoes Carrots, Peas Cabbage Gravy	All Day Breakfast Oven Chips Baked Beans Mushy Peas
<b>20.11.17</b>						
<b>11.12.17</b>	<b><u>FISH</u></b>	Jacket Potato With Tuna Sweetcorn Green Beans	Fish Fingers With Parsley Sauce Creamed Potatoes Broccoli Mixed Veg Gravy	Salmon Wrap Rice Sweetcorn Coleslaw	Salmon Nuggets Roast Potatoes Carrots, Peas Cabbage Gravy	Tuna Pizza Oven Chips Baked Beans Mushy Peas
<b>01.01.18</b>						
<b>22.01.18</b>	<b><u>VEG</u></b>	Vegetarian Meatballs With Tomato Sauce Pasta Sweetcorn Green Beans	Cheesy Baked Bean Pie Broccoli Mixed Veg Gravy	Hot & Kickin’ Quorn Wrap Rice Sweetcorn Coleslaw	Cheese & Onion Bake Roast Potatoes Carrots, Peas Cabbage Gravy	Quorn All Day Breakfast Oven Chips Baked Beans Mushy Peas
<b>12.02.18</b>						
<b>12.03.18</b>	<b><u>DES.</u></b>	Jam or Ring Doughnut & Chopped Fresh Fruit	Angel Whirl with Cream Swirl & Chopped Fresh Fruit	Apple Crumble with Custard, Chopped Fresh Fruit	Vanilla Ice Cream Tubs With Banana or Chocolate Sauce	Carrot Cake, Dessert Selection & Chopped Fresh Fruit

**Available Daily: Fresh Salad Bar, Yoghurts, Fruit Bowl, Milk & Water**

**AVENSDALE JUNIOR SCHOOL – Autumn & Winter 2017-2018**

**WEEK 2**

<b>WEEK COMMENCING</b>		<b><u>MONDAY</u></b>	<b><u>TUESDAY</u></b>	<b><u>WEDNESDAY</u></b>	<b><u>THURSDAY</u></b>	<b><u>FRIDAY</u></b>
<b>06.11.17</b>	<b><u>MEAT</u></b>	Ham & Pineapple Pizza Pasta Sweetcorn Coleslaw	Savoury Mince With Yorkshire Pudding Creamed Potatoes Broccoli, Mixed Veg Gravy	Chicken Fillet Rice Sweetcorn Baked Beans	Roast Pork With Apple Sauce Roast Potatoes Carrots, Peas Gravy	Sausage & Onions Oven Chips Baked Beans Mushy Peas
<b>02.11.17</b>						
<b>08.01.18</b>	<b><u>FISH</u></b>	Jacket Potato With Tuna Mayo Sweetcorn Coleslaw	Cod Bites Creamed Potatoes Broccoli, Mixed Veg Gravy	Tuna Salad Wrap Rice Sweetcorn Baked Beans	Salmon Nuggets Roast Potatoes Carrots, Peas Gravy	Mini Fish In Batter Oven Chips Baked Beans Mushy Peas
<b>29.01.18</b>						
<b>26.02.18</b>	<b><u>VEG</u></b>	Cheese & Tomato Pizza Pasta Sweetcorn Coleslaw	Jacket Potato With Cheese & Beans	Cheese Pasties Rice Sweetcorn Baked Beans	Warm Mozzarella Wrap Roast Potatoes Carrots, Peas	Vegetable Fingers In A Wrap Oven Chips Baked Beans Mushy Peas
<b>19.03.18</b>						
	<b><u>DES.</u></b>	Chocolate & Vanilla or Strawberry & Vanilla Frozen Mousse & Chopped Fresh Fruit	Iced Bun/Finger & Chopped Fresh Fruit	Jam or Lemon Sponge with Custard, Chopped Fresh Fruit	Chocolate Crispy Cakes & Chopped Fresh Fruit	Melting Moments, Dessert Selection & Chopped Fresh Fruit

**Available Daily: Fresh Salad Bar, Yoghurts, Fruit Bowl, Milk & Water**

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**WEEK 3**

<b>WEEK COMMENCING</b>		<b><u>MONDAY</u></b>	<b><u>TUESDAY</u></b>	<b><u>WEDNESDAY</u></b>	<b><u>THURSDAY</u></b>	<b><u>FRIDAY</u></b>
<b>13.11.17</b>	<b><u>MEAT</u></b>	Pasta Bolognaise Pasta Garlic Bread Peas, Sweetcorn	Gammon & Pineapple Herby Diced Potatoes Baked Beans Sweetcorn	Chicken Curry & Naan Bread Rice Sweetcorn Green Beans	Roast Beef & Yorkshire Pudding Roast Potatoes Carrots, Cabbage Peas Gravy	Sausage Rolls Oven Chips Baked Beans Mushy Peas
<b>04.12.17</b>						
<b>15.01.18</b>	<b><u>FISH</u></b>	Tuna Cucumber Wrap Pasta Peas, Sweetcorn	Vegetable Country Bake Herby Diced Potatoes Baked Beans Sweetcorn	Tuna Scrolls Rice Sweetcorn Green Beans	Fish Fingers with Parsley Sauce Roast Potatoes Carrots, Cabbage Peas Gravy	Fishwich Oven Chips Baked Beans Mushy Peas
<b>05.02.18</b>						
<b>05.03.18</b>						
	<b><u>VEG</u></b>	Macaroni Cheese Pasta Garlic Bread Peas, Sweetcorn	Cheese Scrolls Herby Diced Potatoes Baked Beans Sweetcorn	Quorn Tikka Masala Rice Sweetcorn Green Beans	Cheese Bagel Roast Potatoes Carrots, Cabbage Peas Gravy	Cheese & Onion Quiche Oven Chips Baked Beans Mushy Peas
	<b><u>DES.</u></b>	Cookies & Chopped Fresh Fruit	Rice Pudding with Sultanas & Fresh Chopped Fruit	Lemon Shortbread & Chopped Fresh Fruit	Choc Ice & Chopped Fresh Fruit	Fresh Fruit Salad & Dessert Selection

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