

RAVENSDALE JUNIOR SCHOOL – Autumn & Winter 2018-2019

WEEK 1

WEEK COMMENCING		<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
05.11.18	<u>MEAT</u>	Beef Meatballs With Tomato Sauce Pasta Sweetcorn Green Beans	Oven Baked Sausages Creamed Potatoes Broccoli Mixed Veg Gravy	Hot & Kickin' Chicken Wrap Rice Sweetcorn Coleslaw	Roast Turkey With Stuffing Roast Potatoes Carrots, Peas Cabbage Gravy	All Day Breakfast Oven Chips Baked Beans Mushy Peas
26.11.18						
17.12.18	<u>FISH</u>	Jacket Potato With Tuna Sweetcorn Green Beans	Fish Fingers With Parsley Sauce Creamed Potatoes Broccoli Mixed Veg Gravy	Salmon Wrap Rice Sweetcorn Coleslaw	Salmon Nuggets Roast Potatoes Carrots, Peas Cabbage Gravy	Tuna Pizza Oven Chips Baked Beans Mushy Peas
07.01.19						
28.01.19	<u>VEG</u>	Vegetarian Meatballs With Tomato Sauce Pasta Sweetcorn Green Beans	Cheesy Baked Bean Pie Broccoli Mixed Veg Gravy	Hot & Kickin' Quorn Wrap Rice Sweetcorn Coleslaw	Cheese & Onion Bake Roast Potatoes Carrots, Peas Cabbage Gravy	Quorn All Day Breakfast Oven Chips Baked Beans Mushy Peas
25.02.19						
18.03.19	<u>DES.</u>	Jam or Ring Doughnut & Chopped Fresh Fruit	Banana Muffin & Chopped Fresh Fruit	Apple Crumble with Custard, Chopped Fresh Fruit	Vanilla Ice Cream Tubs With Banana or Chocolate Sauce	Dessert Selection & Chopped Fresh Fruit
08.04.19						

Available Daily: Fresh Salad Bar, Yoghurts, Fruit Bowl, Milk, Squash & Water

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WEEK 2

WEEK COMMENCING		<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
12.11.18	<u>MEAT</u>	Ham & Pineapple Pizza Pasta Sweetcorn Coleslaw	Savoury Mince With Yorkshire Pudding Creamed Potatoes Broccoli, Mixed Veg Gravy	Spicy Chicken Fillet Rice Sweetcorn Baked Beans	Roast Pork With Apple Sauce Roast Potatoes Carrots, Peas Gravy	Sausage & Onions Oven Chips Baked Beans Mushy Peas
03.12.18						
14.01.19	<u>FISH</u>	Jacket Potato With Tuna Mayo Sweetcorn Coleslaw	Salmon Fishcake Creamed Potatoes Broccoli, Mixed Veg Gravy	Tuna Salad Wrap Rice Sweetcorn Baked Beans	Salmon Nuggets Roast Potatoes Carrots, Peas Gravy	Mini Fish In Batter Oven Chips Baked Beans Mushy Peas
04.02.19						
04.03.19	<u>VEG</u>	Cheese & Tomato Pizza Pasta Sweetcorn Coleslaw	Cheese Pasties Creamed Potatoes Broccoli, Mixed Veg Gravy	Jacket Potato With Cheese & Beans	Warm Mozzarella Wrap Roast Potatoes Carrots, Peas	Vegetable Nuggets Oven Chips Baked Beans Mushy Peas
25.03.19						
	<u>DES.</u>	Chocolate & Vanilla or Strawberry & Vanilla Frozen Mousse & Chopped Fresh Fruit	Flapjack & Chopped Fresh Fruit	Jam or Lemon Sponge with Custard, Chopped Fresh Fruit	Chocolate Crispy Cakes & Chopped Fresh Fruit	Dessert Selection & Chopped Fresh Fruit

Available Daily: Fresh Salad Bar, Yoghurts, Fruit Bowl, Milk, Squash & Water

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WEEK 3

WEEK COMMENCING		<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
19.11.18	<u>MEAT</u>	Pasta Bolognaise Pasta Garlic Bread Peas, Sweetcorn	Gammon & Pineapple Herby Diced Potatoes Baked Beans Sweetcorn	Chicken Curry & Naan Bread Rice Sweetcorn Green Beans	Roast Beef & Yorkshire Pudding Roast Potatoes Carrots, Cabbage Peas Gravy	Sausage Rolls Oven Chips Baked Beans Mushy Peas
10.12.18						
21.01.19	<u>FISH</u>	Tuna Cucumber Wrap Pasta Peas, Sweetcorn	Vegetable Fingers Herby Diced Potatoes Baked Beans Sweetcorn	Tuna Scrolls Rice Sweetcorn Green Beans	Fish Fingers with Parsley Sauce Roast Potatoes Carrots, Cabbage Peas Gravy	Fishwich Oven Chips Baked Beans Mushy Peas
11.02.19						
11.03.19						
01.04.19	<u>VEG</u>	Macaroni Cheese Pasta Garlic Bread Peas, Sweetcorn	Cheese Scrolls Herby Diced Potatoes Baked Beans Sweetcorn	Quorn Curry & Naan Bread Rice Sweetcorn Green Beans	Vegetable Roast Roast Potatoes Carrots, Cabbage Peas Gravy	Cheese & Onion Quiche Oven Chips Baked Beans Mushy Peas
	<u>DES.</u>	Cookies & Chopped Fresh Fruit	Cheese & Biscuits with Fresh Chopped Fruit	Lemon Shortbread & Chopped Fresh Fruit	Frozen Yoghurt & Chopped Fresh Fruit	Fresh Fruit Salad & Dessert Selection

Available Daily: Fresh Salad Bar, Yoghurts, Fruit Bowl, Milk, Squash & Water

