

RAVENSDALE JUNIOR SCHOOL

AFTER SCHOOL MENU

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Pitta fingers Soft cheese dip Salsa dip Sour cream/chive dip Cherry tomatoes Cucumber Yoghurt	Sandwiches with ham or cheese Crisps Carrot sticks Raisins Yoghurt	Mini muffin margarita pizza Cherry tomatoes Cucumber Yoghurt	Crackers with cheese selection Cheddar/Gloucester/ cheddar cheese spread Carrot sticks Raisins Yoghurt	Wraps with ham or tuna sweetcorn Cherry tomatoes Cucumber Yoghurt
WEEK 2	Baguette slices with cheddar cheese spread or ham Carrot sticks Raisins Yoghurt	Mini muffin margarita pizza Cherry tomatoes Cucumber Yoghurt	Sandwiches with ham or cheese Crisps Carrot sticks Raisins Yoghurt	Sausage/cheese roll Cherry tomatoes Cucumber Yoghurt	Bagels with ham or cheddar cheese spread Carrot sticks Raisins Yoghurt
WEEK 3	Sandwiches with ham or cheese Crisps Cherry tomatoes Cucumber Yoghurt	Wraps with cheddar cheese spread or tuna sweetcorn Carrot sticks Raisins Yoghurt	Crackers with cheese selection Cheddar/Gloucester/ Cheddar cheese spread Cherry tomatoes Cucumber Yoghurt	Mini muffin margarita pizza Carrot sticks Raisins Yoghurt	Sausage/cheese roll Cherry tomatoes Cucumber Yoghurt

Sliced fresh fruit selection – child’s unlimited choice from Apples, Pears, Oranges, Bananas, Kiwi and Grapes