


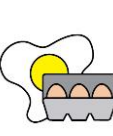
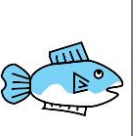
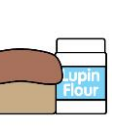






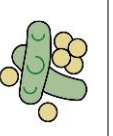




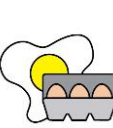

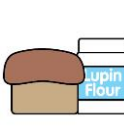

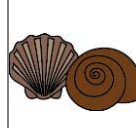




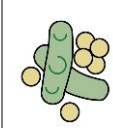



DISHES AND THEIR ALLERGEN CONTENT –RAVENSDALE JUNIOR SCHOOL





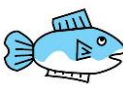
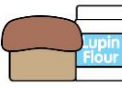








DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Spaghetti hoops														
Tuna jacket potato														
Cheese Scrolls														
Meat balls and onion gravy														
Custard														
Parsley Sauce	May contain			May contain					May contain				May contain	
Quorn Sausage with apple														
Pasta														
Meat free rolls														
Chocolate Crunch and raspberries														

DISHES AND THEIR ALLERGEN CONTENT –RAVENSDALE JUNIOR SCHOOL

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Quorn & BBQ Sauce														
Bread														
Mousse														
Tuna and sweetcorn														
Sausage														
Homemade cheese pasties														
Oven baked mini fish in batter														
Doughnuts/jam doughnuts														
Chocolate sponge														
Roselle cream														

:




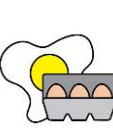
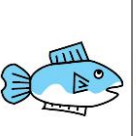
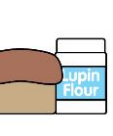






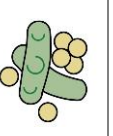

DISHES AND THEIR ALLERGEN CONTENT –RAVENSDALE JUNIOR SCHOOL

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad Wrap														
Vegetable roast														
Iced fruit smoothie														
Poached salmon														
Fruit muffin														
Bananas with vanilla ice cream and choc sauce														
Quorn sausage														
Salmon wraps														
Fish Fingers														
Cheese and bacon pizza														

Review date:

Reviewed by:




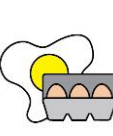
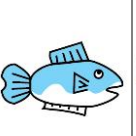
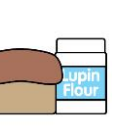






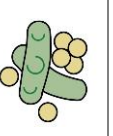

DISHES AND THEIR ALLERGEN CONTENT –RAVENSDALE JUNIOR SCHOOL

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Bread														
Fruit crumble														
Cheese and tomato pizza														
Custard														
Iced apple cake														
Hot and kickin' chicken														
Hot and kickin' quorn														
Tuna scrolls														
Naan bread														
Yorkshire pudding														

Review date:



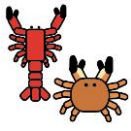
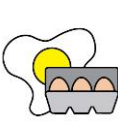

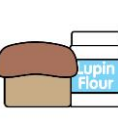








Reviewed by:

DISHES AND THEIR ALLERGEN CONTENT –RAVENSDALE JUNIOR SCHOOL

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Baked fish and cheese sauce					■		■		■					
Quorn Sausage		■		■			■							
Toad in the Hole		■		■			■							
Lemon Drizzle Cake		■		■			■							
Tuna pizza		■		■	■		■							
Stuffing		■					■							
Vegetable pie		■		■										
Rosalie Biscuit		■		■			■		■					
Fishwich		■			■		■							
Fish stars		■			■				■					
Quorn Sausage		■		■			■							■

Review date:

Reviewed by:

Dishes														
Dishes	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vegetable Country Bake														
Quorn Tikka Masala														
Mozzarella Wrap														
Vegetable Fingers														
Lemon Shortbread														
Cheese Bagel														
Cheese & Onion Bake														
Cod & Salmon Fishcakes														
Thai Salmon Fishcake														
Salmon Fishcake														

