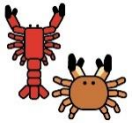
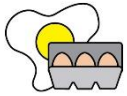
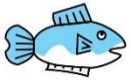
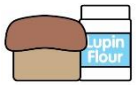
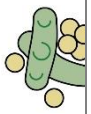
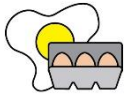
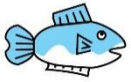
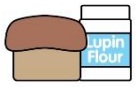
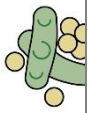
DISHES AND THEIR ALLERGENS – AUTUMN TERM 2 & SPRING TERM 1 – RAVENSDALE JUNIOR SCHOOL

| DISHES | | |  |  |  |  | | | | | | |  | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Chicken Curry | | | | | | | ■ | | | | | | | |
| Naan Bread | | ■ | | | | | ■ | | | | | | | |
| Waffles | | | | | | | | | | | | | | |
| Tuna Wrap | | | | | ■ | | | | | | | | | |
| Gravy | | | | | | | | | | | | | | |
| Tuna jacket potato | | | | | ■ | | ■ | | | | | | | |
| Cheese Scrolls | | ■ | | | | | ■ | | | | | | | |
| Fishcake | | ■ | | ■ | | | ■ | | | | | | | |
| Salmon Parcels | | ■ | | ■ | ■ | | ■ | | | | | | | |
| Pasta | | ■ | | ■ | | | | | | | | | | |

DISHES AND THEIR ALLERGENS – AUTUMN TERM 2 & SPRING TERM 1 – RAVENSDALE JUNIOR SCHOOL

| DISHES | | | |  |  |  | | | | | | |  | |
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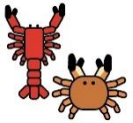
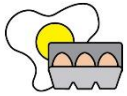
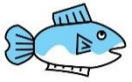
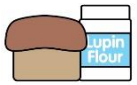
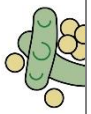
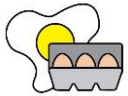
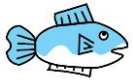
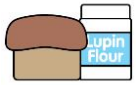
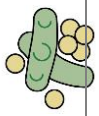
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| **Stuffing** | | | | | | | | | | | | | | |
| **Breaded Fish** | | | | | | | | | | | | | | |
| **Tomato Ketchup** | | | | | | | | | | | | | | |
| **Mushy Peas** | | | | | | | | | | | | | | |
| **Baked Beans** | | | | | | | | | | | | | | |
| **Chicken Burger in a Bun** | | | | | | | | | | | | | | |
| **Vegetable Burger in a bun** | | | | | | | | | | | | | | |
| **Mutter Paneer** | | | | | | | | | | | | | | |
| **Coleslaw** | | | | | | | | | | | | | | |
| **Cheese (Jacket potato &)** | | | | | | | | | | | | | | |

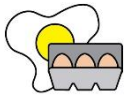
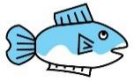
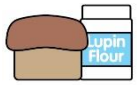
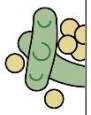
DISHES AND THEIR ALLERGENS – AUTUMN TERM 2 & SPRING TERM 1 – RAVENSDALE JUNIOR SCHOOL

| **DISHES** | | |  |  |  |  | | | | | | |  | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| **Beef Lasagne** | | | | | | | | | | | | | | |
| **Vegetable Lasagne** | | | | | | | | | | | | | | |
| **Garlic Bread** | | | | | | | | | | | | | | |
| **Vegetable Grill** | | | | | | | | | | | | | | |
| **Ham & Pineapple Pizza** | | | | | | | | | | | | | | |
| **Cheese & Tomato Pizza** | | | | | | | | | | | | | | |
| **Tuna Pasta Bake** | | | | | | | | | | | | | | |
| **Oven Baked Sausages** | | | | | | | | | | | | | | |
| **Salmon & Broccoli Quiche** | | | | | | | | | | | | | | |

DISHES AND THEIR ALLERGENS – AUTUMN TERM 2 & SPRING TERM 1 – RAVENSDALE JUNIOR SCHOOL

| **DISHES** | | | |  |  |  | | | | | | |  | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| **Vegetarian Sausage Roll** | | | | | | | | | | | | | | |
| **Jerk Chicken** | | | | | | | | | | | | | | |
| **Vegetable Fingers** | | | | | | | | | | | | | | |
| **Apple Sauce** | | | | | | | | | | | | | | |
| **Salmon Fish Fingers** | | | | | | | | | | | | | | |
| **Curried Vegetable Pasty** | | | | | | | | | | | | | | |
| **Fish Fingers** | | | | | | | | | | | | | | |
| **Quorn Sausage** | | | | | | | | | | | | | | |
| **Omelette** | | | | | | | | | | | | | | |

DISHES AND THEIR ALLERGENS – AUTUMN TERM 2 & SPRING TERM 1 – RAVENSDALE JUNIOR SCHOOL

| **DISHES** | | | |  |  |  | | | | | | |  | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
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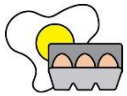
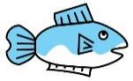
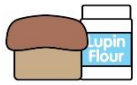
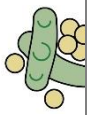
| **Mozzarella Wrap** | | | | | | | | | | | | | | |
| **Home-made Vegetable Samosa** | | | | | | | | | | | | | | |
| **Chilli Chicken** | | | | | | | | | | | | | | |
| **Jacket Potato Wedges** | | | | | | | | | | | | | | |
| **Breaded Cod Bites** | | | | | | | | | | | | | | |
| **Yorkshire Pudding** | | | | | | | | | | | | | | |
| **Salmon Nuggets** | | | | | | | | | | | | | | |
| **Sausage Roll** | | | | | | | | | | | **May contain nuts** | | | |
| **Fishwich in a Wrap** | | | | | | | | | | | | | | |
| **Cheese & Onion Quiche** | | | | | | | | | | | | | | |

DISHES AND THEIR ALLERGENS – AUTUMN TERM 2 & SPRING TERM 1 – RAVENSDALE JUNIOR SCHOOL

| **DISHES** | | | |  |  |  | | | | | | |  | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
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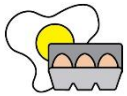
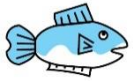
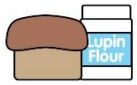
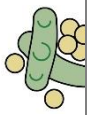
| **Bread** | | | | | | | | | | | | | | |
| **Ice-Cream & Chopped Banana** | | | | | | | | | | | | | | |
| **Devonshire Tart** | | | | | | | | | | | | | | |
| **Custard** | | | | | | | | | | | | | | |
| **Strawberry & Vanilla Mousse** | | | | | | | | | | | | | | |
| **Chocolate and Vanilla Mousse** | | | | | | | | | | | | | | |
| **Jelly** | | | | | | | | | | | | | | |
| **Roselle Cream** | | | | | | | | | | | | | | |
| **Home-made Biscuits** | | | | | | | | | | | | | | |
| **Milkshake** | | | | | | | | | | | | | | |

DISHES AND THEIR ALLERGENS – AUTUMN TERM 2 & SPRING TERM 1 – RAVENSDALE JUNIOR SCHOOL

| **DISHES** | | | |  |  |  | | | | | | |  | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| **Apple Crumble** | | | | | | | | | | | | | | |
| **Jam & Cream Scones** | | | | | | | | | | | | | | |
| **Carrot Cake** | | | | | | | | | | | | | | |
| **Shortbread** | | | | | | | | | | | | | | |
| **Lemon Cake** | | | | | | | | | | | | | | |
| **Fruit Flapjack** | | | | | | | | | | | | | | |
| **Plain Flapjack** | | | | | | | | | | | | | | |
| **Butterfly Cakes** | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |