

RAVENSDALE JUNIOR SCHOOL

WEEK 1

WEEK COMMENCING		<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
01.11.21	<u>MEAT</u>	Chicken Curry with Naan Bread Rice Sweetcorn Peas	Gammon & Pineapple Waffles Baked Beans Sweetcorn	Beef Lasagne with Garlic Bread Sweetcorn Coleslaw	Roast Chicken & Stuffing Roast Potatoes Carrots, Peas, Broccoli Gravy	Chicken Burger in a Bun Chips Baked Beans Mushy Peas Tomato Ketchup
22.11.21						
13.12.21	<u>FISH</u>	Tuna Wrap Rice Sweetcorn Peas	Fishcake Waffles Baked Beans Sweetcorn	Jacket Potato with Tuna and Sweetcorn or Cheese Coleslaw	Salmon Parcels Roast Potatoes Carrots, Peas, Broccoli Gravy	Breaded Fish Chips Baked Beans Mushy Peas Tomato Ketchup
10.01.22						
31.01.22	<u>VEG</u>	Mutter Paneer Rice Sweetcorn Peas	Jacket Potato with Cheese Baked Beans Sweetcorn	Vegetable Lasagne with Garlic Bread Sweetcorn Coleslaw	Vegetable Grill Roast Potatoes Carrots, Peas, Broccoli Gravy	Vegetable Burger in a Bun Chips Baked Beans Mushy Peas Tomato Ketchup
28.02.22						
21.03.22						
	<u>DES.</u>	Ice- Cream Chopped Banana	Devonshire Tart & Custard Orange Slices	Vegetarian Strawberry and Vanilla Mousse Vegetarian Chocolate and Vanilla Mousse	Jelly & Cream Apple Slices	Assorted Desserts Pear Slices

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WEEK 2

WEEK COMMENCING		<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
08.11.21	<u>MEAT</u>	Ham & Pineapple Pizza Pasta Mixed Salad Coleslaw	Oven Baked Sausages Mashed Potato Mixed Vegetables Broccoli Gravy	Jerk Chicken Rice Sweetcorn Peas Coleslaw	Roast Pork & Apple Sauce Roast Potatoes Carrots, Peas, Cauliflower Gravy	All Day Breakfast Chips Baked Beans Mushy Peas
29.11.21 20.12.21	<u>FISH</u>	Tuna Pasta Bake Mixed Salad Coleslaw	Salmon & Broccoli Quiche Mashed Potatoes Mixed Vegetables Broccoli Gravy	Jacket Potato with Tuna & Sweetcorn or Cheese Peas Coleslaw	Salmon Fish Fingers Roast Potatoes Carrots, Peas, Cauliflower Gravy	Fish Fingers Chips Baked Beans Mushy Peas
17.01.22						
07.02.22 07.03.22	<u>VEG</u>	Cheese & Tomato Pizza Pasta Mixed Salad Coleslaw	Vegetarian Sausage Roll Mashed Potatoes Mixed Vegetables Broccoli Gravy	Vegetable Fingers Rice Sweetcorn Peas Coleslaw	Curried Vegetable Pasty Roast Potatoes Carrots, Peas, Cauliflower Gravy	Quorn Sausage Omelette Chips Baked Beans Mushy Peas
28.03.22	<u>DES.</u>	Home-made Biscuits Milkshake Chopped Banana	Apple Crumble Custard Orange Quarter	Jam & Cream Scones Pear Slices	Carrot Cake Melon Slices	Assorted Desserts Orange Slices

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WEEK 3

WEEK COMMENCING		<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
15.11.21	<u>MEAT</u>	Bacon & Mozzarella Wraps Pasta Sweetcorn Peas	Oven Baked Sausages Mashed Potatoes Baked Beans Peas	Chilli Chicken Jacket Potato Wedges Sweetcorn Coleslaw	Roast Beef & Yorkshire Pudding Roast Potatoes Carrots, Peas, Broccoli Gravy	Sausage Roll Chips Baked Beans Mushy Peas
06.12.21 24.01.22	<u>FISH</u>	Jacket Potato with Tuna or Cheese Sweetcorn Peas	Fish Fingers Mashed Potato Baked Beans Peas	Breaded Cod Bites Jacket Potato Wedges Sweetcorn Coleslaw	Salmon Nuggets Roast Potatoes Carrots, Peas, Broccoli Gravy	Fishwich in a Wrap Chips Baked Beans Mushy Peas
14.02.22 14.03.22 04.04.22	<u>VEG</u>	Mozzarella Wraps Pasta Sweetcorn Peas	Home-made Vegetable Samosa Mashed Potato Baked Beans Peas	Cheese Scrolls Jacket Potato Wedges Sweetcorn Coleslaw	Quorn Sausage & Yorkshire Pudding Roast Potatoes Carrots, Peas, Broccoli Gravy	Cheese & Onion Quiche Chips Baked Beans Mushy Peas
	<u>DES.</u>	Shortbread Orange Slices	Lemon Cake Chopped Banana	Fruity or Plain Flapjack Apple Slices	Butterfly Cakes Melon Slices	Assorted Desserts Pear Slices

