

**RAVENSDALE JUNIOR SCHOOL – SUMMER TERM & AUTUMN TERM 1, 2023**

**WEEK 1**

<b>WEEK COMMENCING</b>		<b><u>MONDAY</u></b>	<b><u>TUESDAY</u></b>	<b><u>WEDNESDAY</u></b>	<b><u>THURSDAY</u></b>	<b><u>FRIDAY</u></b>
17/04/23	<b><u>MEAT</u></b>	Sweet and Sour Chicken Noodles Peas Sweetcorn	Bacon and Mozzarella Wrap Pasta Sweetcorn Mixed Salad	Chilli Chicken Rice Sweetcorn Mixed Salad	Roast Chicken Stuffing Gravy Roast Potatoes Carrots, Peas & Broccoli	All Day Breakfast Omelette Chips Baked Beans Mushy Peas
08/05/23						
05/06/23						
26/06/23	<b><u>FISH</u></b>	Tuna Baguette Peas Sweetcorn	Jacket Potato With Tuna or Cheese Sweetcorn	Tuna Scrolls Rice Sweetcorn Mixed Salad	Salmon Nuggets Stuffing Gravy Roast Potatoes Carrots, Peas & Broccoli	Fishwich Chips Baked Beans Mushy Peas
17/07/23						
04/09/23						
25/09/23						
16/10/23	<b><u>VEG</u></b>	Vegetable Spring Rolls Noodles Peas Sweetcorn	Mozzarella Wrap Pasta Sweetcorn Mixed Salad	Jacket Potato & Cheese Sweetcorn Mixed Salad	Veggie Roast Stuffing Gravy Roast Potatoes Carrots, Peas & Broccoli	Quorn Sausage Omelette Chips Baked Beans Mushy Peas
	<b><u>DES.</u></b>	Frozen Mousse	Lemon Drizzle Cake	Chocolate Crunch with Custard	Jelly & Cream	Assorted Desserts

Available every day: salad bar; bread; fruit platter and a choice of juice or milk.

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**WEEK 2**

<b>WEEK COMMENCING</b>		<b><u>MONDAY</u></b>	<b><u>TUESDAY</u></b>	<b><u>WEDNESDAY</u></b>	<b><u>THURSDAY</u></b>	<b><u>FRIDAY</u></b>
24/04/23	<b><u>MEAT</u></b>	Cheese and Bacon Pizza Pasta Mixed Salad Sweetcorn	Oven-baked Sausage Mashed Potato Peas Cauliflower Gravy	Chilli con carne Rice Sweetcorn Peas	Roast Pork Apple Sauce Roast Potatoes Broccoli, Carrots Peas Gravy	Chicken Burger in a bun Oven Chips Baked Beans Mushy Peas Tomato Sauce
15/05/23						
12/06/23						
03/07/23	<b><u>FISH</u></b>	Tuna Pizza Pasta Mixed Salad Sweetcorn	Fish Fingers Mashed Potato Peas Cauliflower Parsley Sauce	Tuna Wrap Rice Sweetcorn Peas	Breaded Fish Cakes Roast Potatoes Broccoli, Carrots Peas Parsley Sauce	Oven-baked Mini Fish Oven Chips Baked Beans Mushy Peas
11/09/23						
02/10/23						
23/10/23						
	<b><u>VEG</u></b>	Jacket Potato with Cheese Mixed Salad Sweetcorn	Cheese Pasties Mashed Potato Peas Cauliflower Gravy	Vegetable Fingers Rice Sweetcorn Peas	Quorn Sausage Roast Potatoes Broccoli, Carrots Peas Gravy	Cheese & Onion Quiche Oven Chips Baked Beans Mushy Peas
	<b><u>DES.</u></b>	Jam or Sugar Doughnut	Rosalie Cookie	Vanilla Ice Cream with Banana & Chocolate Sauce	Chocolate & Orange Sponge	Assorted Puddings

Available every day: salad bar; bread; fruit platter and a choice of juice or milk.

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**WEEK 3**

<b>WEEK COMMENCING</b>		<b><u>MONDAY</u></b>	<b><u>TUESDAY</u></b>	<b><u>WEDNESDAY</u></b>	<b><u>THURSDAY</u></b>	<b><u>FRIDAY</u></b>
01/05/23	<b><u>MEAT</u></b>	Breaded Chicken Goujons in a Wrap Pasta Sweetcorn Coleslaw	Gammon and Pineapple Wedges Baked Beans Sweetcorn	Chicken Curry Rice Naan Bread Sweetcorn Peas	Roast Beef Yorkshire Pudding Roast Potatoes Broccoli, Carrots & Peas Gravy	Oven Baked Sausage Oven Chips Baked Beans Mushy Peas
22/05/23						
19/06/23						
10/07/23	<b><u>FISH</u></b>	Salmon Wrap Pasta Sweetcorn Coleslaw	Breaded Cod Bites Wedges Baked Beans Sweetcorn	Tuna Pizza Rice Sweetcorn Peas	Salmon Fish Fingers Roast Potatoes Broccoli, Carrots & Peas	Fish Fingers Oven Chips Baked Beans Mushy Peas
18/09/23						
09/10/23						
	<b><u>VEG</u></b>	Jacket Potato & Cheese Sweetcorn Coleslaw	Cheese Scrolls Wedges Baked Beans Sweetcorn	Vegetable Samosa Rice Sweetcorn Peas	Curried Vegetable Pasties Roast Potatoes Broccoli, Carrots & Peas Gravy	Quorn Dippers Oven Chips Baked Beans Mushy Peas
	<b><u>DES.</u></b>	Frozen Yoghurts	Iced Shortbread	Cupcakes	Jam & Cream Scone	Assorted Puddings

Available every day: salad bar; bread; fruit platter and a choice of juice or milk.